



# Bellefaire JCB

Lorain Programs  
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Supervisor of Lorain  
Programs

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# Bellefaire JCB

- Community Mental Health Center  
Founded in 1868 as an orphanage.
- Population Served: Youth ages 6 - 17
- Current Locations  
Main Campus – Shaker Heights  
Lorain County Satellite - Elyria

# Bellefaire JCB Lorain County Services

- Outpatient Counseling Services – Office-based individual and family counseling.
- Healthy Moms, Happy Families – Individual office-based counseling for perinatal or postpartum depression. This program is available to both adolescents and adults.
- Psychiatry Services – Initial evaluation and 30-90 day follow up appointments.
- School Based Services – individual and group counseling provided within the school. Individual sessions occur once per week and family sessions occur every fourth session.

# Bellefaire JCB Lorain County Services cont.

- Consultation/Education/Prevention – These services can be provided in the office, school or community.
- Consultation allows the clinician to meet with school staff, parents, and/or students to assist with linkage and referral to the most appropriate community service for a child's specific needs.
- Education allows the provision of teacher and parent in-services on mental health related topics.
- Prevention allows for the provision of psychoeducation groups on such topics as self-esteem, grief and loss, conflict resolution, and feeling management.
- Parental consent is required for participation in prevention groups.

# Bellefaire JCB Lorain County Services cont.

- Professionally Led Support Groups -Support groups enable individuals to learn information and share their feelings with others who have similar experiences, under the guidance of a mental health clinician. These are not therapy groups and should not be considered a substitute for mental health treatment.
- The Lorain County Board of Mental Health funds support groups in an effort to help children build the strength and support networks that are needed to promote mental wellness, even in the face of challenges. Support groups can cover a variety of topics such as LGBTQ, Grief and Loss, Parenting, and Divorce.
- Parental consent is required and groups can take place in the office, school, or another location within the community.

# Bellefaire JCB Lorain County Services cont.

- Intensive Home Based Treatment – Individual and Family Counseling provided in the home and community 2-6 hours per week for 3 to 6 months. Referrals for this service can be made by parents/guardians, Lorain County Juvenile Court, and Lorain County Children Services.
- Integrated Co-Occurring Treatment – Intensive service provided within the home and community for Youth between the ages of 12 ½ and 17 ½ with a minimum of one mental health diagnosis and one substance abuse diagnosis. The service takes place 2 – 6 hours per week over the course of 4-6 months. There is a program specifically for court referred youth and one in which referrals can come from the community.

# Funding sources

- Private insurance accepted
- Medicaid insurance accepted, which includes Buckeye, CareSource, Molina, Paramount, and United Healthcare
- Sliding fee scale option through the Lorain County Mental Health Board for individuals without insurance
- Special populations grant funding available

# How to Make a Referral for Treatment

- Call Intake Services at Bellefaire JCB  
Rebecca Urig (440) 723-5501  
[urigr@bellefairejcb.org](mailto:urigr@bellefairejcb.org)
- Specific questions about School-Based, Outpatient, and CEP Services  
Elizabeth Wolanski (440) 723-5498  
[wolanskie@bellefairejcb.org](mailto:wolanskie@bellefairejcb.org)



# Home to Make a Referral for Treatment cont.

- Specific questions about ICT  
Kara Poth (440) 723-5488  
pothk@bellefairejcb.org
- Specific Questions about IHBT  
Katherine Misterka (440) 723-5494  
misterkak@bellefairejcb.org

# Questions?

- Thank you to The Educational Service Center of Lorain County