



# Bellefaire JCB

Integrated  
Co-Occurring Treatment  
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ICT Program Supervisor

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# Bellefaire JCB

- Founded in 1868 a not-for-profit organization – Jewish orphanage
- Locations:
  - Main Campus – Shaker Heights
  - Lorain County Office – Elyria

# Bellefaire JCB Lorain County

- Outpatient Services – individual, family, group counseling
- Psychiatry Services – evaluation and follow up
- Juvenile Offender Program (JOP) – adjudicated delinquent with a violent act, psychological evaluation
- School Based Services – teachers and school staff provide input
- Consultation/Education/Prevention – groups on grief, anger, social skills, conflict resolution, self-esteem
- Intensive Home Based Treatment
- JOP WRAP around Services – intensive 4-6 hours per week
- Healthy Moms, Happy Families – perinatal or postpartum depression
- Integrated Co-Occurring Treatment

# Integrated Co-Occurring Treatment

- Population

- Youth between the ages of 12 ½ to 17 ½
- Consideration of youth beyond 17 ½
- Minimum of one mental health diagnosis and one substance use diagnosis
- Cannot be receiving mental health and/or substance use counseling elsewhere
- Youth are to be residing within their home

## Are there populations that ICT does not serve?

- Youth are not considered if they need crisis/medical stabilization due to active Suicidal or Homicidal ideation
- Youth with sex-related offenses
- If a youth is residing in an out of home placement for over 30 days

# Guiding Principles

1. Integrated treatment
2. Focus on most salient presenting symptom –may fluctuate from session to session
3. Resiliency – focused
4. Treatment persistence
5. Families are partners
6. Collaboration with other providers
7. Assess motivation to change
8. Contextual Functioning –family, culture, peers, school, community
9. Harm Reduction
10. Responsibility for change is shared

–ICT Guiding Principles Richard Shepler, 2006

# ICT Model Fidelity

- Maintain a small caseload
- Provide flexible scheduling
- Receive weekly individual supervision
- Receive weekly consultation meetings
- Staff complete a three day specialized ICT Training upon hire
- Attend quarterly booster trainings
- Utilize safety plans

# What does treatment look like?

- Services are time limited – 4 to 6 months
- Community based – Home, School, Court Detention Center, respite, etc.
- Frequent contact – 2 to 4 times per week, 3 to 5 hours per week
- Integrated Assessment and counseling
- Case Management – to meet basic needs
- Crisis Stabilization – Safety Planning
- Motivational Interviewing – conversation about change, person-centered



## How is a youth referred for treatment?

- Juvenile Justice System
- Medical Professionals
- School Professionals
- Other therapists
- Parents

# Funding sources

- Private insurance accepted
- Medicaid insurance accepted
- Sliding fee scale option through the Lorain County Board of Mental Health
- Special populations grant funding available

# Special Populations

- Behavioral Health and Juvenile Justice (BHJJ) youth
  1. Grant from the Ohio Department of Youth Services
  2. Goal is to reduce ODYS placements
  3. Referred through the Lorain County Juvenile Court
  4. Research/data collection for pre and post measures
  5. Services are covered through the grant

## How can you refer a youth for ICT services?

- Call Intake Services at Bellefaire JCB  
Rebecca Urig 440-324-5701 ext. 13  
[intake@bellefairejcb.org](mailto:intake@bellefairejcb.org)
- Specific questions about ICT program services:  
Kara M. Poth 440-324-5701 ext. 30  
[pothk@bellefairejcb.org](mailto:pothk@bellefairejcb.org)

# Questions?

- Thank you to Educational Service Center of Lorain County