



Adolescent Treatment Services

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Adolescent Services



- Assessments
- Group Therapy
- Individual Sessions
- Family/Support Group (New)
- Tele-medicine
- Delivery of the Adolescent Community Reinforcement Approach (A-CRA)
- Transportation if needed and within route distances

Process for scheduling an assessment

- Call 440-989-4900
- Hit option #2 or dial 0 to speak to the operator to reach our intake



A-CRA Approach



- A-CRA is an evidence-based practice
 - Adapted from the Community Reinforcement Approach
 - Cannabis Youth Treatment Project
 - It's goal is to Promote abstinence from marijuana, other drugs, and alcohol
 - Promote positive social activity
 - Promote positive peer relationships
 - Promote improved relationships with family

Key Concepts of ACRA



- Positive and enthusiastic approach
- ACRA triangle
- Functional Analysis, Happiness Scale, and Goals of Counseling
- Simply lay language
- Flexibility of ACRA
- Importance of roleplaying when learning new skills
- Importance of homework

ACRA: Core Procedures



- Functional Analysis of Substance Use Behavior
- Functional Analysis of Prosocial Behaviors
- The Happiness Scale and the Goals of Counseling
- Increasing Prosocial Recreation
- Relapse Prevention Skills
- Communication Skills
- Problem-Solving Skills Training

A-CRA Core Procedures cont.,



- Caregiver Overview, Rapport Building, and Motivation
- Caregiver Communication Skills Training
- Caregiver-Adolescent Relationship Skills
- Treatment Closure
- Urine Testing

Family/Support Group



- Will be a group for family members only (client will not be present)
- Will consist of education and support for the family
- Goal is to educate the family on addiction
- help the family learn how to cope
- and take care of self
- To give them ongoing support

When and Where



- Family groups will be offered every Tuesday night from 6pm until 8:30pm at our Elyria office 120 East Ave
- Every Thursday night at the Women's Key in Lorain at the corner of Seneca and 32nd St.
- The first hour will be education
- The remainder will be support group
- Families must attend the first 8 educational sessions consecutively

Family/Support cont.,

- Sessions will begin November 10th
- Family Program facilitated by Jim Joyner and Associates



Prevention Services



- Botvin Life Skills Training: teaches healthy life skills necessary to resist peer pressures, increase self-esteem and self-confidence, effectively cope with anxiety, relationship skills, and enhancing healthy thinking and behaviors. Available for elementary, middle school and high school students.
- Building Blocks: positive reinforcement for children 3-6 y/o (preschool thru 1st grade); teaches problem solving and social skills thru interactive learning activities

Prevention Services cont.,



- Eduvention (Education & Intervention) - serves teens who have engaged in the early use of AOD and their parents
- Carevention Family Intervention - Assists families with concerns about a loved one's AOD use; Educates families about the intervention process and helps determine optimal course of action for the family
- Comprehensive School Prevention Model: weekly prevention services with the school setting are tailored to the needs of each individual schools; Among services provided are: presentations; classroom education groups; staff trainings; policy review; drop-in hours for youth and parents; problem identification and referral services; consultations services

Prevention Services cont.,



- Other Services Available for Purchase:
 - Drug Free Workplace Safety Programs
 - Parenting Trainings / support groups
 - Teen Support Groups
 - Staff trainings on signs & symptoms of adolescent substance abuse and other related issues

Questions?

- Thank you

