

The background of the entire page is a dark grey color with a pattern of various green leaves and branches scattered across it. The leaves are in different shades of green, from light to dark, and are of various shapes and sizes, some resembling maple leaves and others more like simple oval leaves.

# **New Leaf Counseling Services, LLC**

**Mental Health & Substance Abuse  
Treatment for Individuals and Families**

**228 Miller Rd, Suite 5  
Avon Lake, OH 44012  
Phone: (440) 742-1661**

**[newleafcounselingservices@gmail.com](mailto:newleafcounselingservices@gmail.com)**

# Our Mission

New Leaf Counseling Services, LLC assists individuals and families within our community to manage their mental health & substance abuse symptoms by providing a non-biased, non-judgmental, therapeutic environment where patients are encouraged to explore and overcome the obstacles to achieving their life goals. Providing quality patient care is our priority!

# Our Approach

- Our private practice takes a very collaborative team approach both internally and with the client
- Client is included when building their treatment plan
- Treating family system
- Case Consultation & Staffing Patients
- Focus on providing tools and techniques
- Family/Client is contacted within 24 hours of receiving a referral and offered an appointment time within two weeks

# Our Team

- Comprised of 10 licensed mental health professionals that have a passion for their field
- Trained in a variety of approaches including TF-CBT, CBT, DBT, Gestalt, Family Systems, Psychoanalytic, etc.
- Diversity in specialization (Child & Adolescent, Adult, Couples, Substance Abuse, Gerontology)
- Care about the community and giving back
  - Lorain County School Crisis Team
  - Provide free trainings and educational seminars

# Areas Treated

- Depression
- Anxiety
- Bipolar
- Substance Abuse
- Anger Management
- Phobias
- Autism Spectrum
- Behavioral Disorders
- Attention & Hyperactivity
- Deficits with Social Skills
- Compulsive Lying & Stealing
- Bullying
- Gambling Addiction
- Relationship Struggles
- History of Trauma
- Helping individuals adjust to life changes (divorce, relocation, grief & loss)

# Services

## **In-Office**

- Outpatient treatment providing Individual, Family, Couples, and Group counseling to patients from age 3 to individuals facing end of life transition

## **School Based**

- We currently collaborate with several school systems as support staff
- Provide mental health treatment on-site
- Parent component

## **Consultation & Referral**

- When provided a referral that needs more than one or two hours a week, we will assist the client in finding a more intensive treatment program

# Groups

## ***Put the Claws Away:***

- An innovative therapy group for young women to cope with the bullies and antagonists of the teen world
- Includes a focus on Social Media and how to spot, approach and confront Cyber-Bullying as well as a session on Verbal Self-Defense 101

## ***Children of Divorce:***

- Offers adolescents (ages 12-17) a place to process and explore ways to cope with emotions surrounding the separation or divorce of a parent or family member

## ***LGBTQ Process and Empowerment Group:***

- Provides a safe non-judgmental space for individuals to process their feeling and concerns around community and family acceptance
- Increases communication skills and self-esteem to better handle negative responses by outside sources
- Separate groups for adults and teens

# Cost

- We accept most private insurances and also a Medicaid product

TriCare, Medicare, CareSource, Medical Mutual, Summa, Aetna, United Behavioral Health, Mutual Health Services, Value Options

- Out of pocket rates:

\$100 Initial

\$60 Thereafter

\$25 Per Group Session



# **How to Refer**

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**Fax: (440) 653-9576**

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**Medina Location Opening August 2014**



Thank You!