

THE PARENT MENTOR

MINUTE

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A MONTHLY NEWSLETTER OF THE ESC LORAIN COUNTY PARENT MENTOR PROGRAM

PRESCHOOL

Do you have a child that is ready to listen to chapter books? [Growing Book By Book](#) has a month-by-month list of read-aloud chapter books. These may be a wonderful addition to the picture books that your child is looking at!

ELEMENTARY

Many students like to start off the year organized but staying organized can be tricky. And some students need to be taught the skills needed to stay organized. Understood has a great [article](#) on how you can help teach and model these skills.

HIGHSCHOOL (TRANSITION AGE (14+))

School is not all about academics, your student is learning how to make and keep friends too. [This link](#) at ADDitudemag shares some reasons why students with ADHD have a hard time making friends and ways to encourage friendship building.



STARTING STRONG: UNVEILING BACK-TO- SCHOOL STRATEGIES

Welcome back from the “shortest summer ever...” We wanted to take this opportunity to reiterate that our primary role is to provide information and resources to families and school personnel on education laws, district programs, services, and community resources. We are also willing to attend Individual Education Program meetings and other meetings, at the request of the parents and/or school staff.

As parents of students with unique needs, we are also able to share what we have found especially helpful during this unexpected journey. One idea we both have found to be especially helpful for both ourselves and the school staff is distributing a “Get to Know Me” document prior to the beginning of the school year. This document is a great reference for the teaching staff to become quickly acquainted with your child and helps ease our minds for items we didn’t have an opportunity to address during the Open House. A few templates are included below for reference.

For older students, templates can be found [here](#).

For younger students, templates can be found [here](#).



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READING

ReadOhio is a new initiative launched on August 10 by Governor DeWine. As a parent, you can partner with your student’s school to build your child’s reading skills. [Here](#) is more information on the ReadOhio Initiative.



IEP TIP CORNER

Getting ready to head back to school can be stressful and heading back when you have a student who receives special education can be even more challenging. [Here](#) is an article with some wonderful ideas on how to navigate these back-to-school days.

[back to school](#)

LOCAL RESOURCES & EVENTS

Dancing Wheels Events and Tickets:

[Link Here](#)

